



डॉ. बीनू जॉर्ज वर्गीस  
संयुक्त सचिव (खेल)

DR. BINU GEORGE VARGHESE  
Joint Secretary (Sports)



भारतीय विश्वविद्यालय संघ

ए. आई. यू. हाउस, 16, कॉमरेड इंद्रजीत गुप्ता मार्ग  
(कोटला मार्ग), नई दिल्ली - 110002

**Association of Indian Universities**

AIU House, 16, Comrade Indrajit Gupta Marg  
(Kotla Marg) New Delhi- 110002

No: AIU/SD/MQS/2025-26

25.09.2025

To

All Vice Chancellors/Registrars/ Directors of Sports & Physical Education  
Member Universities of AIU

Subject: Implementation of Minimum Qualifying Standards (MQS) for Athletics, Swimming, Shooting, and Archery from the Academic Year 2025–26 onwards

Sir/Madam,

The Association of Indian Universities (AIU), in its constant endeavour to improve the standard and quality of Inter-University Sports Competitions, has resolved to implement Minimum Qualifying Standards (MQS) for participation in certain individual events with effect from the academic year 2025–26.

In accordance with the provisions of the AIU Sports Handbook, Chapter XVI, Part VI, Minimum Qualifying Standards (Individual Events), Clause 16.16 (Direct All-India Championships), athletes participating in Athletics, Swimming, Shooting, Powerlifting and Archery will henceforth be required to achieve a minimum performance standard equivalent to the 16th-place performance in the previous year's All-India Inter-University Championship for that event.

Universities are therefore directed to ensure that only athletes who have achieved the prescribed MQS are fielded in these competitions. As further stipulated under Clause 16.19 (Penalty for Non-Compliance), if a University fields an athlete who does not meet the prescribed MQS, a penalty of ₹3,000 per athlete shall be imposed, and such penalty must be remitted before the University's further participation is allowed in AIU events.

The implementation of MQS from 2025–26 provides adequate time for universities to prepare their athletes accordingly, and it shall be the responsibility of each University to conduct appropriate trials and maintain verified records to ensure compliance.

This measure has been introduced with the objective of aligning Inter-University competitions with higher benchmarks, fostering merit-based participation, and providing meaningful competitive exposure to student-athletes.

Your cooperation and strict compliance with these guidelines is earnestly solicited.

With warm regards,

Yours sincerely,

E-mail: sports@aiu.ac.in; aiusportsaiu@gmail.com; binugv1234@gmail.com;

Phone: 011-23230059, 23231097, 23232429, Extn. 210



**ASSOCIATION OF INDIAN UNIVERSITIES, NEW DELHI**



**MQS FOR ALL INDIA INTER UNIVERSITY ARCHERY MEN & WOMEN**

| S.No. | Event                                                                                                                                                                                        | MQS | Rs. 3000/- fine below this score<br>for each player |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------------------------------------------------|
| 1     | Recurve Men                                                                                                                                                                                  | 638 | 606                                                 |
| 2     | Recurve Women                                                                                                                                                                                | 625 | 594                                                 |
| 3     | Compound Men                                                                                                                                                                                 | 696 | 661                                                 |
| 4     | Compound Women                                                                                                                                                                               | 682 | 648                                                 |
| 5     | Indian Round Men                                                                                                                                                                             | 638 | 606                                                 |
| 6     | Indian Round Women                                                                                                                                                                           | 598 | 568                                                 |
| *     | Participation certificates shall not be issued to athletes if his/her performance is below the MQS, and their names with university details shall be reported to AIU by the host University. |     |                                                     |
| *     | If any university/ athlete falls in the fine category, the university/athletes will not be allowed to participate in the next event until or unless they deposit the fine money.             |     |                                                     |

Dr. Binu George Varghese  
Joint Secretary (Sports)

**ASSOCIATION OF INDIAN UNIVERSITIES, NEW DELHI****MQS FOR ALL INDIA INTER UNIVERSITY ATHLETICS MEN & WOMEN**

| S.No. | Event                                                                                                                                                                                                 | WOMEN         |                                                                        | MEN         |                                                                        |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|------------------------------------------------------------------------|-------------|------------------------------------------------------------------------|
|       |                                                                                                                                                                                                       | MQS for Women | Rs. 3000/- fine if the performance is below this score for each player | MQS for Men | Rs. 3000/- fine if the performance is below this score for each player |
| 1     | 100M (M&W)                                                                                                                                                                                            | 12.29         | <b>12.9045</b>                                                         | 11.34       | <b>11.907</b>                                                          |
| 2     | 200M (M&W)                                                                                                                                                                                            | 25.5          | <b>26.775</b>                                                          | 21.97       | <b>23.0685</b>                                                         |
| 3     | 400M (M&W)                                                                                                                                                                                            | 57.9          | <b>60.795</b>                                                          | 48.87       | <b>51.3135</b>                                                         |
| 4     | 800M (M&W)                                                                                                                                                                                            | 2.20.83       | <b>2.27.8715</b>                                                       | 2.00.83     | <b>2.06.8715</b>                                                       |
| 5     | 1500M (M&W)                                                                                                                                                                                           | 4.47.13       | <b>5.01.4865</b>                                                       | 4.34.51     | <b>4.48.2355</b>                                                       |
| 6     | 5000M (M&W)                                                                                                                                                                                           | 18.11.50      | <b>19.06.075</b>                                                       | 14.30.12    | <b>15.13.626</b>                                                       |
| 7     | 10000 M (M&W)                                                                                                                                                                                         | 37.42.58      | <b>39.34.709</b>                                                       | 30.55.82    | <b>32.28.611</b>                                                       |
| 8     | Half Marathan                                                                                                                                                                                         | 1.32.27       | <b>1.36.8835</b>                                                       | 1.10.29.80  | <b>1.14.21.29</b>                                                      |
| 9     | 20 KM Walk                                                                                                                                                                                            | 1.54.50       | <b>2.00.225</b>                                                        | 1.39.50.97  | <b>1.44.50.5185</b>                                                    |
| 10    | 100M. Hurdles (W)                                                                                                                                                                                     | 15.87         | <b>16.6635</b>                                                         | -----       | -----                                                                  |
| 11    | 110M. Hurdles (M)                                                                                                                                                                                     | -----         | -----                                                                  | 15.48       | <b>16.254</b>                                                          |
| 12    | 400M. Hurdles                                                                                                                                                                                         | 1.05.95       | <b>1.09.2475</b>                                                       | 54.11       | <b>56.8155</b>                                                         |
| 13    | Long Jump                                                                                                                                                                                             | 5.11          | <b>12.33.005</b>                                                       | 6.9         | <b>6.555</b>                                                           |
| 14    | Triple Jump                                                                                                                                                                                           | 11.51         | <b>10.9345</b>                                                         | 14.48       | <b>13.756</b>                                                          |
| 15    | High Jump                                                                                                                                                                                             | 1.5           | <b>1.425</b>                                                           | 1.9         | <b>1.805</b>                                                           |
| 16    | Pole Vault                                                                                                                                                                                            | 2.8           | <b>2.66</b>                                                            | 4           | <b>3.8</b>                                                             |
| 17    | Shot Put                                                                                                                                                                                              | 11.17         | <b>10.6115</b>                                                         | 15.64       | <b>14.858</b>                                                          |
| 18    | Discus Throw                                                                                                                                                                                          | 40.43         | <b>38.4085</b>                                                         | 48.28       | <b>45.866</b>                                                          |
| 19    | Javelin Throw                                                                                                                                                                                         | 35.01         | <b>33.2595</b>                                                         | 58.01       | <b>55.1095</b>                                                         |
| 20    | Hammer Throw                                                                                                                                                                                          | 40.33         | <b>38.3135</b>                                                         | 54.12       | <b>51.414</b>                                                          |
| 21    | Heptathlon                                                                                                                                                                                            | 3912 Points   | <b>3716.4 Points</b>                                                   | -----       | -----                                                                  |
| 22    | Decathlon                                                                                                                                                                                             | -----         | -----                                                                  | 5309        | <b>5043.55 Points</b>                                                  |
| 23    | Steeple Chase                                                                                                                                                                                         | 11.58.10      | <b>11.23.195</b>                                                       | 9.23.68     | <b>9.51.864</b>                                                        |
| 24    | 4X100M. Relay                                                                                                                                                                                         | 50.95         | <b>53.4975</b>                                                         | 42.08       | <b>44.184</b>                                                          |
| 25    | 4X400M. Relay                                                                                                                                                                                         | 4.32.29       | <b>4.45.9045</b>                                                       | 3.19.54     | <b>3.29.517</b>                                                        |
| 26    | 4X400M. Mix Relay                                                                                                                                                                                     | 3.59.70       | <b>4.11.685</b>                                                        | -----       | -----                                                                  |
|       | <b>* Participation certificates shall not be issued to athletes if his/her performance is below the MQS, and their names with university details shall be reported to AIU by the host University.</b> |               |                                                                        |             |                                                                        |
|       | <b>* If any university/ athlete falls in the fine category, the university/athletes will not be</b>                                                                                                   |               |                                                                        |             |                                                                        |

Dr. Binu George Varghese  
Joint Secretary (Sports)



## ASSOCIATION OF INDIAN UNIVERSITIES, NEW DELHI



### MQS FOR ALL INDIA INTER UNIVERSITY SHOOTING MEN & WOMEN

| S.No. | Event                                                                                                                                                                                        | MQS | Rs. 3000/- fine if the performance is below this score for each player |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|------------------------------------------------------------------------|
| 1     | 10 M Air Pistol (Men)                                                                                                                                                                        | 574 | 545.3                                                                  |
| 2     | 10 M Air Pistol (Women)                                                                                                                                                                      | 569 | 540.55                                                                 |
| 3     | 10 M Air Rifle (Men)                                                                                                                                                                         | 626 | 594.7                                                                  |
| 4     | 10 M Air Rifle (Women)                                                                                                                                                                       | 629 | 597.55                                                                 |
| 5     | 50 M 3P Rifle (Men)                                                                                                                                                                          | 579 | 550.05                                                                 |
| 6     | 50 M 3P Rifle (Women)                                                                                                                                                                        | 576 | 547.2                                                                  |
| 7     | 50 M Free Pistol (Men)                                                                                                                                                                       | 535 | 508.25                                                                 |
| 8     | 25 M Rapid fire (Men)                                                                                                                                                                        | 565 | 536.75                                                                 |
| 9     | 25 M Sports Pistol (Women)                                                                                                                                                                   | 565 | 536.75                                                                 |
| 10    | 10 M Air Pistol (Mix)                                                                                                                                                                        | 373 | 354.35                                                                 |
| 11    | 10 M Air Rifle (Mix)                                                                                                                                                                         | 625 | 593.75                                                                 |
| *     | Participation certificates shall not be issued to athletes if his/her performance is below the MQS, and their names with university details shall be reported to AIU by the host University. |     |                                                                        |
| *     | If any university/ athlete falls in the fine category, the university/athletes will not be allowed to                                                                                        |     |                                                                        |

Dr. Binu George Varghese  
Joint Secretary (Sports)



# ASSOCIATION OF INDIAN UNIVERSITIES, NEW DELHI



## MQS FOR ALL INDIA INTER UNIVERSITY SWIMMING MEN & WOMEN

| S.No. | Event                                                                                                                                                                                   | MEN         |                                                                        | WOMEN         |                                                                        |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|------------------------------------------------------------------------|---------------|------------------------------------------------------------------------|
|       |                                                                                                                                                                                         | MQS for Men | Rs. 3000/- fine if the performance is below this score for each player | MQS for Women | Rs. 3000/- fine if the performance is below this score for each player |
| 1     | 50M Free Style(M&W)                                                                                                                                                                     | 00.25.40    | <b>00.26.67</b>                                                        | 00.30.00      | <b>0.32</b>                                                            |
| 2     | 100M Free Style(M&W)                                                                                                                                                                    | 00.55.59    | <b>00.58.3695</b>                                                      | 01.07.45      | <b>01.10.8225</b>                                                      |
| 3     | 200M Free Style(M&W)                                                                                                                                                                    | 02.09.29    | <b>02.15.7545</b>                                                      | 02.40.78      | <b>02.48.819</b>                                                       |
| 4     | 400M Free Style(M&W)                                                                                                                                                                    | 04.37.40    | <b>04.51.27</b>                                                        | 05.19.44      | <b>05.35.412</b>                                                       |
| 5     | 800M Free Style(M&W)                                                                                                                                                                    | 10.01.20    | <b>10.31.26</b>                                                        | 11.20.87      | <b>11.54.9135</b>                                                      |
| 6     | 1500M Free Style(M&W)                                                                                                                                                                   | 18.55.96    | <b>19.52.758</b>                                                       | 22.45.96      | <b>23.54.258</b>                                                       |
| 7     | 50M Back Stroke(M&W)                                                                                                                                                                    | 00.29.93    | <b>00.31.4265</b>                                                      | 00.35.93      | <b>00.37.7265</b>                                                      |
| 8     | 100M Back Stroke(M&W)                                                                                                                                                                   | 01.04.90    | <b>01.08.145</b>                                                       | 01.20.60      | <b>01.24.63</b>                                                        |
| 9     | 200M Back Stroke(M&W)                                                                                                                                                                   | 02.31.40    | <b>02.38.97</b>                                                        | 03.07.87      | <b>03.17.2635</b>                                                      |
| 10    | 50M Breast Stroke(M&W)                                                                                                                                                                  | 00.31.79    | <b>00.33.3795</b>                                                      | 00.38.45      | <b>00.40.3725</b>                                                      |
| 11    | 100M Breast Stroke(M&W)                                                                                                                                                                 | 01.11.37    | <b>01.14.9385</b>                                                      | 01.26.10      | <b>01.30.405</b>                                                       |
| 12    | 200M Breast Stroke(M&W)                                                                                                                                                                 | 02.38.03    | <b>02.45.9315</b>                                                      | 03.06.61      | <b>03.15.9405</b>                                                      |
| 13    | 50M Butterfly(M&W)                                                                                                                                                                      | 00.26.87    | <b>00.28.2135</b>                                                      | 00.33.65      | <b>00.35.3325</b>                                                      |
| 14    | 100M Butterfly(M&W)                                                                                                                                                                     | 1.01.00     | <b>1.10.00</b>                                                         | 01.24.99      | <b>01.29.2395</b>                                                      |
| 15    | 200M Butterfly(M&W)                                                                                                                                                                     | 02.20.19    | <b>02.27.1995</b>                                                      | 03.09.18      | <b>03.18.639</b>                                                       |
| 16    | 200M Indv. Medley(M&W)                                                                                                                                                                  | 02.26.29    | <b>02.33.6045</b>                                                      | 02.55.61      | <b>03.04.3905</b>                                                      |
| 17    | 400M Indv. Medley(M&W)                                                                                                                                                                  | 05.45.92    | <b>06.03.216</b>                                                       | 06.25.88      | <b>06.45.174</b>                                                       |
| 18    | 4X100M Freestyle Relay(M&W)                                                                                                                                                             | 04.15.73    | <b>04.28.5165</b>                                                      | 06.22.11      | <b>06.41.2155</b>                                                      |
| 19    | 4X200M Freestyle Relay(M&W)                                                                                                                                                             | 09.25.34    | <b>09.53.607</b>                                                       | 11.30.49      | <b>12.05.0145</b>                                                      |
| 20    | 4X100M Medley Relay(M&W)                                                                                                                                                                | 04.42.35    | <b>04.56.4675</b>                                                      | 04.42.35      | <b>04.56.4675</b>                                                      |
| 21    | 4X100M Freestyle Relay (Mixed)                                                                                                                                                          | 04.29.14    | <b>04.42.597</b>                                                       | ----          | ----                                                                   |
| 22    | 4X100M Medley Relay (Mixed)                                                                                                                                                             | 05.17.05    | <b>05.32.9025</b>                                                      | ----          | ----                                                                   |
| *     | Participation certificates shall not be issued to athletes if his/her performance is below MQS, and their names with university details shall be reported to AIU by the Host University |             |                                                                        |               |                                                                        |
| *     | Universities/athletes falling under the fine category shall be debarred from the next event until the                                                                                   |             |                                                                        |               |                                                                        |

Dr. Binu George Varghese  
Joint Secretary (Sports)



## ASSOCIATION OF INDIAN UNIVERSITIES, NEW DELHI



### MQS FOR ALL INDIA INTER UNIVERSITY POWER LIFTING MEN & WOMEN

| S.No.                                                                                                                                                                                     | Men Events     | MQS   | Rs. 3000/- fine if the performance is below this score for each player | Women Events | MQS   | Rs. 3000/- fine if the performance is below this score for each player |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------|------------------------------------------------------------------------|--------------|-------|------------------------------------------------------------------------|
| 1                                                                                                                                                                                         | 59 Kgs.        | 512.5 | 487                                                                    | 47 Kgs       | 240   | 228                                                                    |
| 2                                                                                                                                                                                         | 66 Kgs.        | 580   | 551                                                                    | 52 Kgs       | 285   | 271                                                                    |
| 3                                                                                                                                                                                         | 74 Kgs.        | 677.5 | 644                                                                    | 57 Kgs       | 240   | 228                                                                    |
| 4                                                                                                                                                                                         | 83 Kgs.        | 630   | 599                                                                    | 63 Kgs       | 370   | 352                                                                    |
| 5                                                                                                                                                                                         | 93 Kgs.        | 717.5 | 682                                                                    | 69 Kgs       | 280   | 266                                                                    |
| 6                                                                                                                                                                                         | 105 Kgs.       | 620   | 589                                                                    | 76 Kgs       | 285   | 271                                                                    |
| 7                                                                                                                                                                                         | 120 Kgs.       | 575   | 546                                                                    | 84 Kgs       | 387.5 | 368                                                                    |
| 8                                                                                                                                                                                         | Above 120 Kgs. | 525   | 499                                                                    | Above 84 Kgs | 180   | 171                                                                    |
| * Participation certificates shall not be issued to athletes if his/her performance is below MQS, and their names with university details shall be reported to AIU by the Host University |                |       |                                                                        |              |       |                                                                        |
| * Universities/athletes falling under the fine category shall be debarred from the next event until the fine is                                                                           |                |       |                                                                        |              |       |                                                                        |

Dr. Binu George Varghese  
Joint Secretary (Sports)